

Tips to Help You Get the Most out of Your Visits

Benefits of Exchange of Information

No one knows your health better than you do! Give your healthcare providers the full picture by telling them what medicines you take, what specialists you see, and any health issues you may have.

Allowing your healthcare providers to talk to each other is also a great way to keep them informed. They cannot do this without your permission.

WHAT DO I NEED TO DO TO LET MY HEALTHCARE PROVIDERS TALK?

Ask your provider today! You may need to fill out a form allowing each of your providers to legally discuss your treatment with other providers. It's your choice to share your health information.

WHAT ARE THE BENEFITS OF ALLOWING MY HEALTHCARE PROVIDERS TO TALK?

- ⇒ To help all of your providers get on the same page with your care.
- ⇒ To ensure they choose the best treatment for you.
- ⇒ To make sure they prescribe the best medicine for you based on other medicines you take or health issues you have.

DO MY PROVIDERS ALWAYS NEED ME TO SIGN A DOCUMENT IN ORDER TO CONTACT EACH OTHER?

No. Under certain circumstances, your providers may need to discuss your care without your permission. Examples include:

- ⇒ If you are unconscious or unable to make choices for yourself.
- ⇒ If you are in danger of hurting yourself or other.