



AT AVMED, it's all about you.

At AvMed, we understand that no matter where you are in life — starting a family or raising one, opening your own business or between jobs, retiring early or just starting out — you want the peace-of-mind of knowing you'll always have the healthcare you and your family need, when you need it.

That's exactly what you'll get with AvMed: a choice of flexible, affordable health plans for every stage of your life, backed by the personal service, respect and support that shows we put you first — no matter which plan you choose.



Your **CHOICE.**

You can choose from a wide range of plans for individuals and families. So it's easy to find the right coverage to protect you and your family.

Whether you're looking for a plan with out-of-network flexibility or one that provides access to our high-quality Partner Networks, you can be sure we've got the right plan to fit your needs and your budget. With AvMed, you get access to online tools for comparing costs to keep you healthier and reduce the amount you're spending, as well as rewards programs for smarter healthcare shopping.

Your **HEALTH.**

At AvMed, we're committed to making quality healthcare available to all of our Members. Whichever plan you choose, our Network of doctors, specialists, hospitals and partners are among the best in Florida.

- **If saving money is your priority, AvMed's Partner Networks can help you save without compromising quality.**
- **Purchase a plan with out-of-network benefits to access services beyond your service area — either in Florida or nationwide.**



Your **WELLNESS.**

We believe keeping you well is just as important as keeping you healthy. So each and every plan comes with all the encouragement, support, information, programs and tools you need to enjoy a healthier lifestyle. Take a look at just a few of the ways we'll work with you to keep you going strong:

- **AvMed's Wellness program**
- **24/7 Nurse On Call**
- **Tobacco cessation tools**
- **Preventive care at no charge**
- **ChooseHealthy® discount program on acupuncture, chiropractic, yoga, health merchandise, fitness & more**
- **Weight Watchers® discounts, as well as reimbursement of yearly dues for reaching the Lifetime status goal**

To see why you should choose AvMed as your healthcare partner for life, visit us at [AvMed.org](https://www.avmed.org)

