



# DELIVER LEAN

Our care for you doesn't stop when you're discharged from a hospital.

Our Deliver Lean benefit\* is a post-discharge meal plan that ensures that your nutritional needs are met.

- Delicious, fresh meals delivered straight to your home
- All meals come prepared with delicious, healthy ingredients
- Special dietary needs met
- Exclusive packaging ensures that meals are ready to go when you are

**DeliverLean™**  
**CARE**

For more information, visit [www.DeliverLeanCare.com](http://www.DeliverLeanCare.com)  
or call **1-800-286-3386 (1-800-AvMed86)**.

\*Your benefits may vary according to your plan.



**Embrace better health.®**