AvMed Embrace Embrace Individual AvMed Entrust Gold 125 Dental+Vision (2023)

Coverage for: Individual or Individual + Family | **Plan Type:** HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-477-8768 or visit <u>www.avmed.org</u> and sign into the Member Portal. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-800-477-8768 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In-Network: \$2,000 Individual / \$4,000 Family Out of Network: Not Applicable	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> , office visits, certain diagnostic tests, certain imaging, certain <u>prescription drugs</u> , <u>urgent care</u> , outpatient <u>rehabilitation</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$4,700 Individual / \$9,400 Family Out of Network: Not Applicable Pediatric Dental is limited to \$375 per child or \$750 for 2 or more children.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, prescription drug brand additional charges and manufacturer assistance, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.avmed.org</u> or call 1-800-477-8768 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Primary Care visit to treat an injury or illness	Visit 1 - 2: No Charge; Visit 3 and after: \$35 <u>copay</u> / visit	Not Covered	Additional charges may apply for non- preventive services performed in the Physician's office.	
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	\$70 <u>copay</u> / visit Not Covered		Additional charges may apply for non- preventive services performed in the Physician's office.	
	Preventive care/screening/immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Independent facility: \$75 <u>copay</u> / visit; Hospital-affiliated facility: \$150 <u>copay</u> / visit	Not Covered	Charges for office visits may apply if services are performed in a Physician's office. Charges for certain other labs and Specialty labs will be higher.	
	Imaging (CT/PET scans, MRIs)	Independent facility: \$250 <u>copay</u> / visit; Hospital-affiliated facility: \$500 <u>copay</u> / visit	Not Covered	Charges for office visits or Physician/professional services may also apply depending on where services are received.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at <u>www.avmed.org</u>	Generic drugs (Tier 1 & Tier 2)	Value generic drugs 30-day supply: \$15 <u>copay</u> / prescription; 90-day supply: \$37.50 <u>copay</u> / prescription Generic drugs 30-day supply: \$30 <u>copay</u> / prescription 90-day supply: \$75 <u>copay</u> / prescription	Not Covered	Certain limits may apply, including, for example: prior authorization, step therapy, quantity limits. Covered drugs in Tiers 1-4 are availabl up to a 90-day supply at retail pharmacies; and a 60-90-day supply vi mail order. Drugs in Tier 5 & 6 are available up to a	
	Preferred brand drugs (Tier 3)	30-day supply: \$60 <u>copay</u> / prescription; 90-day supply: \$150 <u>copay</u> / prescription	Not Covered	30-ďay supply, at retail pharmacies only. Brand additional charges may apply. Coupons or any other third-party prescription drug cost-sharing assistance	
	Non-Preferred brand drugs (Tier 4)	30-day supply: \$120 <u>copay</u> / prescription; 90-day supply: \$300 <u>copay</u> / prescription	Not Covered	will not apply toward any calendar year deductible or out-of-pocket limit.	

Common		What You	ı Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Out of Network (You will pay the least) (You will pay the most)		Important Information	
	<u>Specialty drugs</u> (Tier 5 & Tier 6)	Preferred Specialty Drugs: 40% <u>coinsurance</u> after <u>deductible</u> (Retail only); Non-Preferred Specialty Drug: 60% <u>coinsurance</u> after <u>deductible</u> (Retail only)	Not Covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Independent facility: \$650 <u>copay</u> / visit after <u>deductible;</u> Hospital-affiliated facility: \$650 <u>copay</u> / visit after <u>deductible</u>	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No charge after <u>deductible</u>	Not Covered	Prior authorization required.	
If you need immediate medical attention	Emergency room care	\$500 <u>copay</u> / visit after <u>deductible</u>	\$500 <u>copay</u> / visit after In- Network <u>deductible</u>	AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible. Charges are waived if admitted.	
	Emergency medical transportation	Ground: \$200 <u>copay</u> / one way ground transport; Air/Water: 50% <u>coinsurance</u> after <u>deductible</u>	Ground: \$200 <u>copay</u> / one way ground transport; Air/Water: 50% <u>coinsurance</u> after In- Network <u>deductible</u>	None	
	<u>Urgent care</u>	Independent urgent care facility: \$125 <u>copay</u> / visit; Hospital-affiliated urgent care facility: \$250 <u>copay</u> / visit; Retail clinic: \$45 <u>copay</u> / visit	Independent urgent care facility: \$125 <u>copay</u> / visit; Hospital-affiliated urgent care facility: \$250 <u>copay</u> / visit; Retail clinic: Not Covered	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$850 <u>copay</u> / admission after <u>deductible</u>	Not Covered	Prior authorization required.	
	Physician/surgeon fees	No charge after <u>deductible</u>	Not Covered	Prior authorization required.	
If you need mental health,	Outpatient services	\$35 <u>copay</u> / visit	Not Covered	Prior authorization may be required.	
behavioral health, or substance abuse services	Inpatient services	\$850 <u>copay</u> / admission after <u>deductible</u>	Not Covered	Prior authorization may be required.	

Common			u Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network Out of Network (You will pay the least) (You will pay the most)		Important Information	
If you are pregnant	Office visits	Routine OB or midwife: Visit 1 - 1: \$35 <u>copay</u> / visit; Visit 2 and after: No Charge	Not Covered	None	
	Childbirth/delivery professional services	No charge after <u>deductible</u>	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).	
	Childbirth/delivery facility services	Hospital: \$850 <u>copay</u> / admission after <u>deductible;</u> Birthing center: Same as routine OB	Not Covered	Prior authorization required.	
	Home health care	\$70 <u>copay</u> / visit after deductible	Not Covered	Limited to 20 skilled visits per calendar year. Approved treatment plan required.	
If you need help recovering or have other special health needs	Rehabilitation services	Independent facility: \$70 <u>copay</u> / visit; Hospital-affiliated facility: \$70 <u>copay</u> / visit after <u>deductible</u> ; Chiropractic services: \$35 <u>copay</u> / visit	Not Covered	Limited to 35 visits per calendar year for outpatient rehabilitative PT, OT, ST, cardiac rehab, pulmonary rehab, and chiropractic services combined. Cardiac and pulmonary rehab require prior authorization.	
	Habilitation services	Independent facility: \$70 <u>copay</u> / visit; Hospital-affiliated facility: \$70 <u>copay</u> / visit after <u>deductible</u>	Not Covered	Limited to 35 visits per calendar year for outpatient habilitative PT, OT and ST combined.	
	Skilled nursing care	Day 1 - 5: \$250 <u>copay</u> / day per admission after <u>deductible;</u> Day 6 and after: No Charge	Not Covered	Limited to 60 days post-hospitalization care per calendar year. Prior authorization required.	
	Durable medical equipment	\$100 <u>copay</u> / episode of illness after <u>deductible</u>	Not Covered	Excludes vehicle modifications, home modifications, exercise equipment, and bathroom equipment.	
	Hospice services	No charge after <u>deductible</u>	Not Covered	Physician certification required.	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to one exam per calendar year to determine the need for sight correction.	
	Children's glasses	No Charge	Not Covered	Limited to one pair per calendar year from a pre-selected group of frames.	

Common			u Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out of Network (You will pay the most)	Important Information	
	Children's dental check-up	No charge for preventive care at Delta Dental Network providers	Not Covered	Limited to one exam every 6 months. See the dental portion of your AvMed Contract for coverage details.	
Excluded Services & Other Cov	vered Services:				
Services Your Plan Generally	Does NOT Cover (Check yoເ	ur policy or <mark>plan</mark> document fo	or more information and a lis	t of any other <u>excluded services</u> .)	
 Acupuncture Bariatric Surgery Cosmetic Surgery Hearing Aids 	 Long Non U.S. 	rtility Treatment g-term Care -Emergency Care When Travel ate-Duty Nursing		oot Care iss Programs	
Other Covered Services (Limit	ations may apply to these s	ervices. This isn't a complete	e list. Please see your plan d	ocument.)	
Child Dental Check UpChild Glasses	Chir	opractic Care tal Care (Adult)		ye Care (Adult)	
Administration, at 1-866-444-3272	2 or www.dol.gov/ebsa/healthr	etorm, or the U.S. Department	of Health and Human Services	he contact information for those agencies Employee Benefits Security s at 1-877-267-2323 x61565 or ugh the Health Insurance <u>Marketplace</u> . Fo	
Your Grievance and Appeals Ri grievance or appeal. For more info provide complete information to su	ghts: There are agencies that ormation about your rights, loc ubmit a <u>claim</u> , <u>appeal</u> , or a <u>grie</u> ment Center at 1-800-477-870	t can help if you have a compla ok at the explanation of benefits <u>evance</u> for any reason to your <u>p</u> 68. You may also contact your	int against your <u>plan</u> for a deni you will receive for that medic <u>plan</u> . For more information abo state insurance department. A	al of a <u>claim</u> . This complaint is called a cal <u>claim</u> . Your <u>plan</u> documents also ut your rights, this notice, or assistance, dditionally, a consumer assistance	
Does this plan provide Minimun Minimum Essential Coverage gen CHIP, TRICARE, and certain othe	n Essential Coverage? Yes lerally includes <u>plans</u> , <u>health ir</u> er coverage. If you are eligible	n <u>surance</u> available through the for certain types of Minimum E	Marketplace or other individua ssential Coverage, you may no	I market policies, Medicare, Medicaid, ot be eligible for the <u>premium tax credit</u> .	
Does this plan meet the Minimum Value Standards? Yes If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.					
L <mark>anguage Access Services:</mark> Para obtener asistencia en Españ	iol, llame al 1-800-477-8768.				
T	a soo axamples of how this pl	an might covor costs for a same	ole medical situation, see the n	oxt soction	

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal ca delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$2,000 \$70 \$850 \$35	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$2,000 \$70 \$850 \$35	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$2,000 \$70 \$850 \$35
This EXAMPLE event includes se Specialist office visits (prenatal care Childbirth/Delivery Professional Ser Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and bl Specialist visit (anesthesia)) vices	This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$2,000	Deductibles	\$0	Deductibles	\$1,000
Copayments	\$1,100	Copayments	\$1,600	Copayments	\$800
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$3,160	The total Joe would pay is	\$1,620	The total Mia would pay is	\$1,800

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.