



HEDIS[®] MY 2021

A Detailed Data Set
From the Year 2021

COMMERCIAL PRODUCT



Embrace better health.[®]

We are pleased to present the AvMed HEDIS MY 2021 Report, a detailed data set designed to give employers and consumers an objective look at how we're keeping members well and how we're caring for members when they're sick.

The National Committee for Quality Assurance developed HEDIS (Healthcare Effectiveness Data and Information Set) as a framework for health plans to collect, analyze and report identical performance measurements each year. In fact, more than 90 percent of America's health plans utilize HEDIS to measure performance on important dimensions of care and service. Quality health care can be defined as the extent to which members get the care they need in a manner that most effectively protects or restores their health. The performance measures in HEDIS are related to many significant public health issues such as cancer, heart disease, smoking, asthma and diabetes. HEDIS allows objective assessment of a health plan's value in comparison with other health plans. HEDIS has gone a long way in showing employers how their employees will be treated in various areas of health care services. Choosing a high-quality health plan plays a significant role in determining whether employees will get high-quality care.

The scope of the NCQA HEDIS Compliance Audit includes the following domains:

- Effectiveness of Care
- Access/Availability of Care
- Experience of Care
- Health Plan Descriptive Information
- Utilization and Risk Adjusted Utilization
- Measures Collected Using Electronic Clinical Data Systems

AvMed has undergone a Full Audit.



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Effectiveness of Care

Childhood immunization Status

4 DTaP by 2nd birthday	83.21%
3 IPV by 2nd birthday	92.21%
1 MMR between 1st and 2nd birthday	89.54%
3 HiB by 2nd birthday	91.73%
1 Hep A by 2nd birthday	82.97%
3 Hep B by 2nd birthday	91.00%
2 or 3 Rotavirus by 2nd birthday	82.24%
2 Influenza by 2nd birthday	48.91%
1 VZV between 1st and 2nd birthday	90.02%
4 Pneumococcal conjugate	84.91%
Combo 3 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV)	76.40%
Combo 7 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV)	67.15%
Combo 10 (DTaP, IPV, MMR, HiB, HepB, VZV, PCV, HepA, RV, Influenza)	42.09%

Immunizations for Adolescents

Meningococcal between 11th and 13th birthday	82.73%
Tdap/TD between 10th and 13th birthday	91.97%
Human Papillomavirus Vaccine	
Adolescents (HPV) between 9th and 13th birthday.....	32.12%
Combo 1 (Meningococcal & Tdap)	82.24%
Combo 2 (Meningococcal, Tdap & HPV)	30.66%

Appropriate Testing for Pharyngitis

Members diagnosed with pharyngitis and on an antibiotic who received a group A strep test	47.35%
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Appropriate Treatment for URI

Members ages 3 months and older with a diagnosis of upper respiratory infection who were not dispensed an antibiotic.....	81.59%
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Breast Cancer Screening

Women, continuously enrolled for 2 years, who have received a mammogram within a two-year period	74.21%
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Cervical Cancer Screening

Women ages 21-64, continuously enrolled for three years, who have received a Pap test within a three-year period	77.08%
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Comprehensive Diabetes Care

HbA1c testing	87.10%
HbA1c poor control (>9.0%)	27.98%
HbA1c control (<8.0%)	61.07%
Eye exam	36.01%
Blood pressure controlled <140/90 mm Hg	53.77%

Antidepressant Medication Management

Effective acute phase treatment	64.30%
Effective continuation phase treatment	46.66%

Follow-up After Hospitalization for Mental Illness

Received follow-up within 7 days of discharge	35.10%
Received follow-up within 30 days of discharge	54.50%

Controlling High Blood Pressure

Adults 18-85 with hypertension who controlled blood pressure to <140/90 mm HG	51.82%
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Persistent beta blocker treatment after a heart attack

.....	78.95%
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Avoidance of Antibiotic Treatment for Acute Bronchitis

Ages 3 months and older diagnosed with acute bronchitis who were not dispensed an antibiotic.....	52.84%
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Use of Spirometry Testing in the Assessment and Diagnosis of COPD

Ages 40 and older with new diagnosis of, or newly active, COPD who received spirometry testing to confirm the diagnosis	38.33%
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Pharmacotherapy Management of COPD Exacerbation

Use of systemic corticosteroid	64.15%
Use of bronchodilator	77.36%

Use of Imaging Studies for Low Back Pain

Percentage of members who were diagnosed with low back pain who did not have X-ray, MRI or CT scan	64.78%
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Colorectal Cancer Screening

Ages 50-75	55.58%
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Access/Availability

Adults' Access to Preventive/Ambulatory Health Services

Ages 20-44	93.50%
Ages 45-64	96.55%
Ages 65+	96.73%

Prenatal and Postpartum Care

Timely prenatal care in first trimester	82.40%
Postpartum care between 7 and 84 days after delivery.	80.80%

Well-Child Visits in the First 30 Months of Life

First 15 Months	83.47%
15 Months - 30 Months.....	85.64%

Child and Adolescent Well-Care Visits

Percentage of children or adolescent aged 3-21 with one or more visits during the year.

Ages 3-11	72.27
Ages 12-17	63.16
Ages 18-21	40.22

Satisfaction With the Experience of Care

The following results are from the National Committee for Quality Assurance's standardized member satisfaction survey, administered by DSS Research, an independent vendor.

Participants Responding "Usually" and "Always"

Doctors communicate well.....	95.87%
Easy to get care quickly	N/A
Claims processing efficient	N/A
Customer service at AvMed	N/A
Getting needed care	87.09%

Participants Who Rated AvMed 8, 9, or 10 on a 10-Point scale with 10 Being Highest

Overall satisfaction with AvMed	80.29%
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Health Plan Stability

Total Membership

Product/Product Line	Members*
HMO/POS Combined	
Commercial	172,152
Medicare	21,438
Exchange (HMO only)	20,484

TOTAL **214,074**

*Enrollment as of Dec. 31, 2021

Use of Services

Frequency of selected procedures

Procedure	Age	Sex	Number of Procedures	Procedures/1,000 Members
Tonsillectomy	0-9	M&F	28	1.75
	10-19	M&F	35	1.59
Hysterectomy, Abdominal	15-44	Female	44	1.07
	45-64	Female	64	1.85
	65+	Female	4	1.35
Hysterectomy, Vaginal	15-44	Female	32	0.78
	45-64	Female	39	1.13
	65+	Female	3	1.01
Cholecystectomy, Open	30-64	Male	4	0.08
	15-44	Female	2	0.05
	45-64	Female	3	0.09
	65+	Male	0	0
	65+	Female	2	0.67
Cholecystectomy, Closed (Laparoscopic)	30-64	Male	115	2.40
	15-44	Female	149	3.62
	45-64	Female	173	5.01
	65+	Male	8	2.30
	65+	Female	9	3.04
Back Surgery	20-44	Male	25	0.85
	20-44	Female	33	0.93
	45-64	Male	119	3.92
	45-64	Female	102	2.95
	65+	Male	19	5.45
	65+	Female	24	8.10
PCI	45-64	Male	129	4.25
	45-64	Female	42	1.22
	65+	Male	36	10.33
	65+	Female	11	3.71
Cardiac Catheterization	45-64	Male	219	7.22
	45-64	Female	137	3.96
	65+	Male	59	16.93
	65+	Female	28	9.45
Coronary Artery Bypass Graft	45-64	Male	39	1.29
	45-64	Female	9	0.26
	65+	Male	9	2.58
	65+	Female	1	0.34
Prostatectomy	45-64	Male	84	2.77
	65+	Male	35	10.04
Mastectomy	15-44	Female	39	0.95
	45-64	Female	101	2.92
	65+	Female	12	4.05
Lumpectomy	15-44	Female	77	1.87
	45-64	Female	137	3.96
	65+	Female	14	4.72
Bariatric Weight Loss Surgery	0-19	Male	0	0
	0-19	Female	6	0.32
	20-44	Male	35	1.18
	20-44	Female	130	3.66
	45-64	Male	27	0.89
	45-64	Female	82	2.37
	65+	Male	1	0.29
	65+	Female	1	0.34

Plan Description

Member Enrollment by Age

Age	Total
<1	1,531
1-4	6,075
5-9	8,371
10-14	10,300
15-17	6,919
18-19	4,830
0-19 Subtotal	38,026
0-19 Subtotal %	27.79%
20-24	13,488
25-29	11,615
30-34	12,486
35-39	13,596
40-44	13,868
20-44 Subtotal	65,053
20-44 Subtotal %	37.28%
45-49	15,548
50-54	16,773
55-59	17,548
60-64	15,072
45-64 Subtotal	64,941
45-64 Subtotal %	37.22%
65-69	4,312
70-74	1,357
75-79	513
80-84	186
85-89	65
>=90	30
>=65 Subtotal	6,463
>=65 Subtotal %	3.70
Total	174,483



HEDIS[®] MY 2021

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