AvMed Embrace Federal Employees - Standard Option HMO

Coverage for: Self Only, Self Plus One, or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. Please read the FEHB Plan brochure RI 73-815 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure RI 73-815. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other <u>underlined</u> terms see the Glossary. You can get the FEHB Plan brochure RI 73-815 at <u>www.avmed.org</u>, and view the Glossary at <u>www.cciio.cms.gov</u>. You can call 1-800-882-8633 to request a copy of either document.

| Important Questions | Answers | Why This Matters: |
|---|--|--|
| What is the overall <u>deductible</u> ? | \$500/Self Only \$1,000/Self Plus One \$1,000/Self and Family | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your <u>deductible</u> ? | Yes. In-Network <u>preventive care</u> , office visits, certain <u>prescription drugs</u> , <u>urgent care</u> , <u>emergency room</u> , outpatient <u>rehabilitation</u> are covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$4,500/Self Only \$9,000/Self Plus One \$9,000/Self and Family \$2,500/member for <u>Specialty drugs</u> | The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay during the year for your share of the cost of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | Premiums, prescription drug brand additional charges, Specialty drugs, and health care this plan does not cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u> ? | Yes. See <u>www.avmed.org</u> or call 1-800-882-8633 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |





All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

| Common | | What You Will Pay | | Limitations, Exceptions, & Other Important Information | |
|---|--|--|------------------------|--|--|
| Medical Event | Services You May Need | In-Network Out-of-Network (You will pay the least) (You will pay the most) | | | |
| If you visit a health care provider's office or clinic | Primary Care visit to treat an injury or illness | \$25 <u>copay</u> / visit | Not Covered | Deductible does not apply. | |
| | <u>Specialist</u> visit | \$45 <u>copay</u> / visit | Not Covered | Deductible does not apply. | |
| | Preventive care/screening/immunization | Nothing | Not Covered | You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. | |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | 20% coinsurance | Not Covered | Charges for office visits may apply if services are performed in a Physician's office. | |
| If you have a test | Imaging (CT/PET scans, MRIs) | 20% coinsurance | Not Covered | Charges for office visits may apply if services are performed in a Physician's office. | |
| | | \$10 <u>copay</u> / prescription | | Retail charge applies per 30-day supply. | |
| | Generic drugs | (retail); \$30 <u>copay</u> / prescription (mail order) | | Generic & brand drugs: covers up to a 90- day supply at retail pharmacies and a 31-90 day supply via mail order. | |
| If you need drugs to treat your illness or condition More information about | Preferred brand drugs | \$40 <u>copay</u> / prescription (retail); \$120 <u>copay</u> / prescription (mail order) | Not Covered | Certain drugs in all tiers require prior authorization. Brand additional charges may apply. | |
| prescription drug coverage is available at <u>www.avmed.org</u> | Non-Preferred brand drugs | \$60 <u>copay</u> / prescription (retail); \$180 <u>copay</u> / prescription (mail order) | Not Covered | Specialty drugs available in 30-day supply only; not available via mail order Out-of-pocket maximum of \$2,500 per member per calendar year for Specialty | |
| | Specialty drugs | 30% <u>coinsurance</u> (retail) | Not CoveredNot Covered | drugs. <u>Deductible</u> does not apply. | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | \$300 <u>copay</u> / visit | Not Covered | Prior authorization required. | |
| | Physician/surgeon fees | Outpatient facility: Nothing; PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit | Not Covered | Prior authorization required. <u>Deductible</u> does not apply. | |

| Common | | What Yo | u Will Pay | Limitationa Exagnitiona & Other | |
|---|---|---|---|--|--|
| Medical Event | Services You May Need | In-Network (You will pay the least) | Out-of-Network (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| If you need immediate medical attention | Emergency room care | \$100 <u>copay</u> / visit | \$100 <u>copay</u> / visit | AvMed must be notified within 24-hours of inpatient admission following emergency services, or as soon as reasonably possible. Charges are waived if admitted. <u>Deductible</u> does not apply. | |
| | Emergency medical transportation | Ground: Nothing; Air/Water: Nothing | Ground: Nothing; Air/Water: Nothing | Prior authorization required. | |
| | Urgent care | \$40 <u>copay</u> / visit | \$60 <u>copay</u> / visit | Deductible does not apply. | |
| | Facility fee (e.g., hospital room) | Day 1 - 3: \$300 <u>copay</u> / day per admission; Day 4 and after: Nothing | Not Covered | Prior authorization required. | |
| If you have a hospital stay | Physician/surgeon fees | Hospital facility: Nothing; PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit | Not Covered | Prior authorization required. <u>Deductible</u> does not apply. | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit; Outpatient facility: \$300 <u>copay</u> / visit; Test: 20% <u>coinsurance</u> | Not Covered | Prior authorization may be required. <u>Deductible</u> does not apply for PCP and Specialist visits. | |
| | Inpatient services | Hospital stay: Day 1 - 3: \$300 <u>copay</u> / day per admission; Day 4 and after: Nothing | Not Covered | Prior authorization may be required. | |
| | Office visits | Nothing | Not Covered | None | |
| lf you are pregnant | Childbirth/delivery professional services | Nothing | Not Covered | Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound). | |
| | Childbirth/delivery facility services | Hospital stay: Day 1 - 3: \$300 <u>copay</u> / day per admission; Day 4 and after: Nothing | Not Covered | Prior authorization required. | |
| | Home health care | 20% coinsurance | Not Covered | None | |

| Common | | What You Will Pay | | Limitations, Exceptions, & Other Important Information | |
|--|----------------------------|---|-------------|--|--|
| Medical Event | Services You May Need | ces You May Need In-Network Out-of-Network (You will pay the least) (You will pay the most | | | |
| If you need help recovering or have other special health needs | Rehabilitation services | PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit | Not Covered | Short term physical, occupational, & speech therapies covered for a consecutive two calendar month period per condition. <u>Deductible</u> does not apply. | |
| | Habilitation services | PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit | Not Covered | Coverage for habilitative services is covered the same as physical, occupational and speech therapy. <u>Deductible</u> does not apply. | |
| | Skilled nursing care | Nothing | Not Covered | Prior authorization required. | |
| | Durable medical equipment | 20% <u>coinsurance</u> | Not Covered | None | |
| | Hospice services | Nothing | Not Covered | Physician certification required. | |
| If your child needs dental or eye care | Children's eye exam | PCP office: \$25 <u>copay</u> / visit; Specialist office: \$45 <u>copay</u> / visit | Not Covered | Deductible does not apply. | |
| | Children's glasses | Not Covered | Not Covered | None | |
| | Children's dental check-up | Not Covered | Not Covered | None | |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) | | | | |
|--|---|---|--|--|
| Acupuncture Child Dental Check Up Child Glasses | Dental Care (Adult) Long-term Care Non-Emergency Care When Trav U.S | Routine Eye Care (Adult) Weight Loss Programs eling Outside the | | |
| Cosmetic Surgery | Private-Duty Nursing | | | |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | | | |
| Bariatric Surgery | Hearing Aids | Routine Foot Care | | |

Chiropractic Care

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-882-8633 or visit www.opm.gov.insure/health. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact AvMed's Member Engagement Center at 1-800-882-8633.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, certain Medicare, Medicaid coverage, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-800-882-8633.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| Peg is Having a B (9 months of in-network pre-natal ca delivery) | | Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition) | | Mia's Simple Fracture (in-network emergency room visit and follow up care) | |
|--|--|---|--------------------------------|--|--------------------------------|
| The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> | Specialist copayment \$45 Hospital (facility) copayment \$300 | | \$500 \$45 \$300 \$25 | The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> | \$500 \$45 \$300 \$25 |
| This EXAMPLE event includes services like: Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia) | | Other copayment \$25 This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) | | This EXAMPLE event includes services like: Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i> | |
| Total Example Cost | \$12,700 | Total Example Cost | \$5,600 | Total Example Cost | \$2,800 |
| In this example, Peg would pay: | | In this example, Joe would pay: | | In this example, Mia would pay: | |
| Cost Sharing | | Cost Sharing | | Cost Sharing | |
| Deductibles | \$500 | Deductibles | \$0 | Deductibles | \$400 |
| Copayments | \$300 | Copayments | \$1,100 | Copayments | \$300 |
| Coinsurance | \$0 | Coinsurance | \$0 | Coinsurance | \$0 |
| What isn't covered | | What isn't covered | | What isn't covered | |
| Limits or exclusions | \$60 | Limits or exclusions | \$20 | Limits or exclusions | \$0 |
| The total Peg would pay is | \$860 | The total Joe would pay is | \$1,120 | The total Mia would pay is | \$700 |

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.